

SGA SERVICES TEXAS, LLC

SGAServicesTexas.com

Information on this list regarding any specific person, organization, service, or otherwise, does not constitute or imply its endorsement, recommendation, or favoring by Sonya Gonzales, LCSW or SGA Services Texas, LLC.

Crisis Hotlines – Call or text 988

Translifeline - WWW.TRANSLIFELINE.ORG – 877-565-8860

Trevor Project www.trevorproject.org 1-866-488-7386

HORMONE TREATMENT

BRAESWOOD ENDOCRINOLOGY

JESSICA ZWIENER, MD

6300 West Loop S., Ste. 333

Bellaire, TX 77401

P/F – 832-592-0407

<https://www.braeswoodendo.com/>

VILLAGE MEDICAL - JULIE KOVACS, M.D.

600 N. Shepherd , Bldg 5, Suite 530

Houston , TX 77007

Phone: [713-461-2915](tel:713-461-2915)

Fax: 713-461-5307

<https://www.villagemedical.com/our-providers/julia-kovacs>

PLANNED PARENTHOOD

Locations: plannedparenthood.org

FOLX HEALTH – Online Affirming treatment

<https://www.folxhealth.com/>

PLUME – Online Hormone Therapy

<https://getplume.com>

LEGACY COMMUNITY HEALTH

1415 California Street

Houston, TX 77006

P (832) 548 5000

F (832) 548 5092

<https://www.legacycommunityhealth.org/>

RESOURCES WEBSITES

- **World Professional Assoc. for Transgender Health (WPATH)** – www.wpath.org
- **Human Rights Campaign** – www.hrc.org
- **Equality Texas** – www.equalitytexas.org
- **Trans Education Network of Texas** - <https://www.transtexas.org/>
- **Advocates for Trans Equality** - <https://transequality.org/>
- **LGBT Health Education** – www.lgbthealtheducation.org
- **Endocrine Society** - <https://www.endocrine.org/>
- **US Trans Survey** <https://ustranssurvey.org/>
- **Gender Spectrum** - <https://www.genderspectrum.org>
- **Center of Excellence for Transgender Health** - www.transhealth.ucsf.edu
- **PFLAG** - <https://pflag.org/> **Houston Area** - <http://www.pflaghouston.org>
- **Trans Health Care** - <https://www.transhealthcare.org/>
- **Top Surgery Information** – www.topsurgery.net
- **MTF Surgery Info** - <https://www.mtfsurgery.net/>
- **You and Your Gender Identity** - <https://darahoffmanfox.com/discoveryourgenderidentity/>

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- **Financial Assistance for Gender Affirming Surgery**
 - **The Jim Collins Foundation -**
 - <https://jimcollinsfoundation.org/faq/>
 - **Point of Pride –**
 - <https://pointofpride.org/annual-transgender-surgery-fund/?fbclid=IwAR3ML2T-ybaUeT8VQ-7KOb8GHrsQoSqNpALwWfHZjKoS79LE4D4JT-gAjM4>
 - **Trans Family Support Services:**
 - <https://transfamilysos.org/services/insurance-assistance/>
- **Voice services**
 - **Transformative Comm**
 - <https://www.transformativecommunications.net/> (832) 449-8608
 - **Harmonic Speech**
 - <https://www.harmonicspeech.com/> 512-649-4642
 - **Voice Congruence Project**
 - <https://vocalcongruence.org/>
 - **Your Lessons Now**
 - <https://www.yourlessonsnow.com/>
- **TGQH – Houston Social Group** <https://tgqh.org/>
- **GLAAD** <https://glaad.org/>
- **Gender Unicorn** <https://transstudent.org/gender/>
- **Susan’s Place Transgender Resources -** <https://www.susans.org/>
- **Facebook Group Queer Expats Worldwide**
<https://www.facebook.com/share/g/CpP4W5ZQSCJ8CjbC/?mibextid=K35XfP>

Legal Resources

- **Transgender Law Center -** <https://transgenderlawcenter.org/>
- **Trans Legal Aid Clinic Texas** <https://translegalaidtx.com/>
- **Houston Volunteer Lawyers** www.makejusticehappen.org/transgender
- **Texas Rio Grande Legal Aid** www.trla.org/get-help/how-to-apply
- **Dallas Resource Center**
<https://myresourcecenter.org/health/gender-affirming-care-and-support/>
- **Trans Name and Gender Marker Project UT Austin**
<https://law.utexas.edu/probono/opportunities/texas-law-trans-name-and-gender-marker-project/>
- **National Trans Bar Association** <https://transbar.org/>

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Employment

- **Transgender Employment** program <http://transemploymentprogram.org>
- **CenterLink LGBTQ Jobs** - <https://www.lgbtqcenters.org/Careers>

HOUSTON AREA FREE SUPPORT GROUPS

MONTROSE CENTER – <https://montrosecenter.org/>

Trans*fabulous Support Group

Online only – Thursdays 7:00 PM

Register online [clicking this link](#)

Beyond The Binary - Peer Support

Online only – 2nd and 4th Tuesday of each month

6:00 – 7:00 pm

Contact: Anya Tsang - transwellness@montrosecenter.org.

Mental Health Group – re: MIND

In person – Tuesdays 7:00 – 8:30 pm

<https://www.remindsupport.org/>

Coming Out Support Group

Alternate Online and In Person – Wednesdays 6:45-8:15 p.m.

Contact: Hawk Owsley, htowsley@montrosecenter.org

OTHER AREA GROUPS

Transmasculine Group

Houston Group <https://transmasculinehouston.com/>

Monday Night Trans Group

1st and 3rd of the month

<https://www.facebook.com/groups/1310324736441966>

Trans Men Empowerment

Houston Trans Men Group

<https://tmemp.org/>

Mental Health Support Re: Mind

Resurrection Metropolitan Comm. Church

<https://resurrectionmcc.org/>

In person – Fridays, 12:00 – 1:30 pm